

**"Unite for Good"**

**Vol. 73 No. 11 CLUB 1085**

**The Rotary Club of Sugar House The Sweetest Club in Rotary District 5420**

**November 13, 2025**

<http://www.sugarhouserotary.com>

**PO Box 526102, SLC, UT 84152 Thursday 5:30 pm, Program 5:45 pm,**

**In Person meeting. Columbus Adult Education Center, 1860 South 300 East, SLC. Enter West Door**

### **OPENING – 5:30 PM**

**Conducting** Harold "Hal" Weight  
**Pledge and 4-Way** TBA  
**Thought** TBA  
**Music** Merrill Smith

### **Anchors Aweigh U.S. Navy Song**

Stand Navy out to sea,  
 Fight our battle cry  
 We'll never change our course,  
 So vicious foe steer shy-y-y-y.  
 Roll out the TNT,  
 Anchors Aweigh.  
 Sail on to victory  
 And sink their bones to Davy Jones,  
 hooray!

Anchors Aweigh, my boys,  
 Anchors Aweigh.  
 Farewell to foreign shores,  
 We sail at break of day-ay-ay-ay.  
 Through our last night ashore,  
 Drink to the foam,  
 Until we meet once more.  
 Here's wishing you a happy voyage  
 home.

### **WELCOME SONG**

**Welcome to Sugar House Rotary,  
 We're mighty glad you are here  
 We'd like to sing you a long song  
 But a wrong song might appear  
 So sit you down and make some  
 Friends today . . . RIGHT HERE**

## **Avery Rognan**

President

Westminster University Rotaract

Avery Rognan is a second-year Psychology Honors student at Westminster University. On campus, she serves as a Dumke Service Scholar and Social Impact and Leadership Fellow, and president of the Rotaract Club.

Passionate about mental health and social work, she works as a behavioral health specialist for adolescents and interns at a women's mental health residence. Outside of work and school, Avery loves roller-skating to music, doing hot yoga, thrift shopping, reading good books, making delicious food, laughing with friends, and planning her next adventure.

Pictured is Avery at a recent fundraising event with SOS Outreach, where she was invited to speak. As a seasonal ski mentor for youth with this organization, she holds this role close to her heart.



**UNITE  
FOR  
GOOD**

Rotary

## **Upcoming Meetings**

**2<sup>nd</sup> Thursday, November 13; DINNER:** Avery Rognan, Westminster University Rotaract President.

**3<sup>rd</sup> Thursday, November 20; Lunch:** Dan Bunker, Westminster University, Doctor of Nursing, Nurse Anesthetist project in Ghana.

**Tuesday, November 25;** Tapas Tuesday, Angel Flight West fund raiser at Café Madrid, 6:00 pm. Tickets \$75.

**4<sup>th</sup> Thursday, November 27;** Thanksgiving. No meeting.

**1<sup>st</sup> Thursday, December 4; DINNER AND FESTIVITIES:** Holiday Party at Westminster University, Tanner Atrium. The same place we have had it before. There will be musical entertainment from 7:00 to 7:30. Social Hour at 6:00, Dinner at 7:00 ish.

2<sup>nd</sup> Thursday, December 11; Lunch: Tori Randall, The Other Side Academy.

3<sup>rd</sup> Thursday, December 18; Tentatively no meeting in favor of Bell Ringing on Saturday.

Saturday, December 20; Bell Ringing at Smith's Market, 922 East 2100 South. 11:00 am until 7:00 pm.

4<sup>th</sup> Thursday, December 25; Christmas. No meeting.

1<sup>st</sup> Thursday, January 1; New Year's. No Meeting.

2<sup>nd</sup> Thursday, January 8; Lunch: Business Meeting and Birthday Salute.

3<sup>rd</sup> Thursday, January 15; Dinner: TBA.

4<sup>th</sup> Thursday, January 22: Lunch: Hay Soe, Youthlinc speaking on his refugee experience in Myanmar and the Karen refugees in Utah.

## Sugar House Rotary Club

### Leadership Team 2025-2026

|                       |                     |
|-----------------------|---------------------|
| President             | Harold (Hal) Weight |
| VP/President Elect    | Jeff Driggs         |
| Dir. International    | Gene Davis          |
| Dir. Membership       | Tom King            |
| Dir. Public Image     | Darrel Thompson     |
| Dir. Communications   | Dale Lambert        |
| Dir. Community Events | James Beck          |
| Dir. Foundation       | Errol EerNisse      |
| Sgt. At Arms          | Stacey Bank         |
| Secretary/Treasurer   | David Baranowski    |

# Anchors Aweigh

## The Navy Fight Song

Lyrics by Alfred Hart Miles

Charles A. Zimmerman 1906



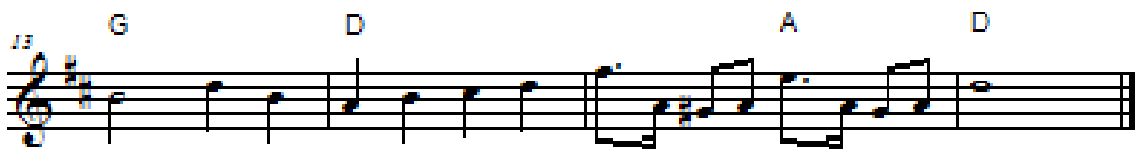
An - chors a - weigh, my boys, An - chors a - weigh!



Fare - well to col - lege joys, We sail at break of day - ay - ay - ay!



Stand Na - vy out to sea, through swirl - ing foam.



Un - til we meet once more, here's wish-ing you a hap - py voy-age home.



# TAPAS TUESDAY



Join us for Tapas Tuesday!  
As we kick off the 9th Annual Angel Flight West  
& Rotary partnership for the 26<sup>th</sup> annual Santa  
Flight Mission, bringing holiday cheer and  
essential donations to children at Water  
Canyon Elementary (UT) and Cottonwood  
Elementary (AZ).



**Tuesday, November 25th • 6:00 PM**  
**Café Madrid, Salt Lake City**



**Tickets: \$75**

**<https://www.zeffy.com/en-US/ticketing/tapas-tuesday-9th-annual-angel-flight-west-santa-flight-donation-drive-kick-off>**

Please bring a toy, book, recess equipment, or  
school supplies to add to the collection box at  
Café Madrid for the Kick-Off.



*Angel Flight*  
WEST



International  
Fellowship of  
Flying Rotarians