

Rotary Club of Sugar House



District 5420 | Salt Lake City, Utah

"Light Up Rotary"

Vol. 59 NO. 4.4 CLUB 1085 SUGAR HOUSE

DIST. 5420

October 23, 2014

www.RotaryClubofSugarHouse.org

Thursday Noon - 2375 South 900 East

OPENING - 12:00 PM

Greeter	David Schultz
Song	And the Band Played On
Pledge / 4-Way	Elizabeth Caldwell
Inspirational Thought / Prayer	Wally Brown
Guest Introduction	Larry Wright
Sergeant at Arms	Barry Bank

OPENING SONG

Music: Craig Kaelin, Piano
Earl Jones, Conducting

Song: And the Band Played On

Casey would waltz with a
strawberry blonde,
And the band played on.
He'd glide cross the floor with the
girl he adored,
And the band played on.

But his brain was so loaded it
nearly exploded,
The poor girl would shake with
alarm.
He married the girl with the
strawberry curls,
And the band played on.

WELCOME SONG

Song by Wally Williams (Former Club Member)

Welcome to Sugar House Rotary,
We're mighty glad you are here
We'd like to sing you a long song
But a wrong song might appear
So sit you down and make some
friends today...Right Here!

RCSH VARLIN LAW



Varlin Law is currently Executive Vice President, Sales, at Wealth Generators. He has held executive level positions at Melaleuca, USANA, Neways, was President at Siby, and Vice President of International Sales at MonaVie. Most recently he was Executive Vice President of Global Sales at Symmetry Global. Along with his wife Carla, Varlin served as Chairman for the American Cancer Societies "Rely for Life," and has raised over 3 million dollars for various charity organizations. He is on the Board of Directors for the Panamerican-Panafrican Association. A two-sport collegiate athlete and full scholarship recipient himself, Varlin comes from an athletic family as well. His father Vernon was a major league pitcher for the 1960 World Series Champion Pittsburgh Pirates and was the recipient of the prestigious "Cy Young Award". His brother Vance was an all-star with the Chicago Cubs. Varlin has been married for 21 years to his wife Carla, has six children and still loves playing sports and spending time with his family.

CALENDAR

October 30 – TBA

November 6 – Lt. Governor Cox

SUGAR HOUSE ROTARY CLUB 2014-2015

President -	Dan Sundahl
President-elect -	Don Bean
Immediate Past Pres.-	Harold Weight
Vice President -	Ken Simpson
Director -	Todd Suekawa
Director -	Kevin Jones
Director -	Larry Wright, M.D.
Sergeant at Arms & Chili Open Chair -	Barry Bank
Secretary -	David Baranowski
Treas./ Exec. Sec.-	Michael Tilton

ROTARIAN WISDOM

"Communities are not built of friends, or of groups of people with similar styles and tastes, or even of people who like and understand each other. They are built of people who feel they are part of something that is bigger than themselves: a shared goal or enterprise, like righting a wrong, or building a road, or raising children, or living honorably, or worshipping a god. To build community requires only the ability to see value in others: to look at them and see a potential partner in one's enterprise."

— Suzanne Goldsmith

A City Year: On the Streets and in the Neighborhoods
with Twelve Young Community Service Volunteers

**ROTARY LEADERSHIP
INSTITUTE
MAKE SURE YOUR CLUB
IS REPRESENTED!**

**November 8, 2014
8:00 AM - 1:30 PM**

Complete Part 1;
VOLUNTEER TRAINING
and ROTARY EDUCATION.

Part 1, 2, 3 are to be taken in order.
First 15 to enroll fill a class.

Register now for
Part 1 or 2 November 8th, 2014.

Clubs are encouraged to participate.

The current course fees are per
registrant \$39 per class.

Fees cover breakfast, lunch, breaks and
considerable materials given to participants.

Course fees also pay for meeting space,
audio-visual equipment and promotional
costs. The Institute strongly recommends
clubs pay fees for their participants.

ENROLL NOW

<http://utahrotary.com>



Dictionary distribution at Manti Elementary! On
September 30, President Dan Sundahl, Ken
Simpson, and Wally Brown visited Manti, Gunnison,
Ephraim, Moroni and Fountain Green Elementary
schools. Garth and Karleen Briggs
visited Fairview, Mount Pleasant,
and Spring City schools.

So in one day, Rotarians of the Rotary Club of Sugar
House distributed 441 dictionaries to the eight
schools in Sanpete County.

Ken Simpson was in charge of the
weather and successfully arranged
a beautiful fall day.

**ALL THE STEPS
I HAVE TAKEN
SINCE POLIO**

I was stricken with polio at the age of 7
months. From 1948 to 1953 the disease
crippled 250,000 children a year. There was
no vaccine to protect me from the virus at the
time. My young parents took me to St. Mary's
Hospital, in Rochester, Minnesota, on 1
October, 1948.



Linda at St. Mary's Hosp age 18 months

That would become my home for the next 14
months. Fortunately, my three-year-old sister
did not become affected by the virus. In many
families several children would be stricken.
The vaccine became available to children and
adults in 1953. After many years of corrective
surgery to help with my mobility, I was finally
without brace and crutch-free as a sophomore
in high school. For the next 20 years, I would
complete my professional training, fall in love,
become a wife and be blessed to mother
three wonderful children.

Now, many years later, I am happy to say that
I have successfully accomplished far more
than I ever dreamed back then. Those
childhood days are simply a memory. Post-
polio syndrome has caused me to slow down
somewhat, and the use of a brace, crutches,
and cane are back to help with my mobility.
But I have been blessed with a wonderful
family to care for.

I will be visiting classrooms in Minnesota,
where I live, on World Polio Day 24 October,
and speaking to a Rotary Club in Farmington
on 30 October. I love to share my story,
because if it reaches just one person to
motivate them to make a difference, it is
wonderful.

When I visit classrooms to talk to children, I
take all the braces I wore as a child. They
range in size and have metal and leather
braces attached to the shoes. They are all very
worn, as I received a new pair of shoes every
year. The braces would be adjusted to my
changing needs and to fit the shoes. I explain
how the braces were made, what different
materials were available, and how we were
able to pick designs to decorate the braces –
like spiderman or a princess. The children are
always very interested in the braces.

In the United States, polio may be a memory.
But in other parts of the world — like
Afghanistan, Nigeria, and Pakistan where
transmission of the virus has never been
halted — it is very much more. And until we
rid the world of polio, it remains a threat to
children everywhere. Will you help us?

Learn more about Rotary's World Polio Day
live-streamed event on 24 October, 2014. Use
social media to share your voice for World
Polio Day. Join a discussion group on ending
polio. Give to end polio now!
www.endpolio.org/worldpolioday



About the Author: Linda Christianson grew up on a
family farm in the Midwest. Contracting polio as an
infant, she learned how to live with the disease and
carve out a productive life. Her Memoir, "All The
Steps I Have Taken," was published by Inspiring
Voices in August 2012. She lives in Blooming Prairie,
Minnesota, with her husband, Nolan. They have
three children and eight grandchildren. Email her at
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